

What am I feeling?

1. Recognizing feelings



- a. Practice recognizing feelings by using photographs of another person's face on the following website:

<http://condor.depaul.edu/~lcamras/images/recogexp.htm>

- ❖ Practice recognizing feelings by telling a brief scenario that would deal with each one of the feelings: Surprise; Disgust; Sad; Happy; Anger; & Fear – use picture cards to correspond with scenario. Children to identify the appropriate feeling based on scenario and then match correct picture with the identified feeling.
- ❖ Discuss unique characteristics of each facial expression (i.e., nose crumpled up when disgusted; eyebrows go up when surprised; corners of mouth droop down when sad) and have each child practice making each face.

- b. Practice recognizing feelings by using computerized version of a human's face on the following website:

<http://www.do2learn.com/games/facialexpressions/face.htm>

- ❖ Review what it means to experience the following feelings:
Afraid; Interested; Sad; Ashamed; Disgusted; Surprised;
Happy; & Angry
- ❖ Use computer program on website for practicing and reviewing the above listed emotions.
- ❖ Use computer program to quiz comprehension.
- ❖ You may want to allow children to play with program after gaining comprehension (different faces can be made with command keys)

2. Review and Practice using feelings

- a. For review, go to the next website to practice identifying a wide variety of facial expressions from different people.

<http://www.do2learn.com/games/feelingsgame/index.htm>

- b. After each child has a turn, play a game where the child will inform the instructor as to what feeling he/she will make and the other children need to ***guess the emotion.***